I can work in my garden!!!

I had slipped and feel while out shopping and landed on my right knee. I thought it would be ok, but by morning it was very swollen and I had pain in my knee and low back. The pain was constant. I went to see my MD and was told to take pain pills and muscles relaxers, but the pain was not improving. I had to try something different.

I had never experienced chiropractic care before, but I was willing to try anything. I had a friend whose daughter had received care for allergies and she spoke highly of the treatments. So I decided to see how it could help me. Dr. John has such a great disposition that even with the pain, he makes it easier to handle.

I injured myself on August 1, 2006 and by September 18th, just about 6 weeks into care, I showed great improvement. I am able to move faster and work in my garden again.

I would recommend to any others who are sick, suffering or in pain to come in for a consultation and move forward with care. Before the experience I believed chiropractic to be unreliable. Today, I know it is everything I've heard it is. Adjustments are wonderful.

Sincerely

Maritza Parker

Patient