"I can sleep better"

I have been dealing with a stiff neck, lower back. pain, and degenerative arthritis in my right knee for about two months.

My primary care physician prescribed me anti inflammation medication but it only masked the pain. A friend suggested that I try chiropractic care. So I called Isdale Chiropractic to set up a consultation. I had a very good impression of the staff and Dr. John.

My neck feels great and my back feels much better. My shoulders and knee are progressively getting better. I am now able to sleep much better. I would recommend chiropractic to anyone who is sick, suffering or in pain. I am sure glad that I listened to my friend and I highly recommend chiropractic care.

Sincerely

Jose Hernandez

Patient