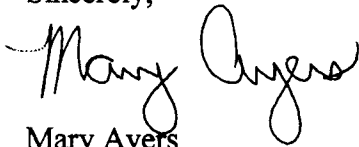


## **“I can roll my neck from side to side”**

When I started coming to Dr Johns office I was suffering from horrible headaches, it felt like my skull was not attached to my neck. I could barely turn my head from side to side, due to the pain and the headaches. I was also suffering from minor back and knee pain. I was taking migraine medication and using ice packs which seemed to help but only lasted for the time and I was right back in pain as soon I as I took the ice off.

A friend actually referred me to Dr John. I was impressed with the staff they were very friendly and caring. I started coming in December of 2005 and now here I am in April, I have had one headache since and wasn't intolerable. I can now roll my neck from side to side. I would definitely recommend Dr John to a friend who was sick, suffering or in pain; it has been a long time since I felt this good!

Sincerely,

A handwritten signature in cursive script that reads "Mary Ayers". The signature is written in black ink and is positioned to the right of the word "Sincerely,".

Mary Ayers  
Patient