## I am able to do pull ups!!!

I had pain in my neck, right shoulder, upper back, and wrists. I had loss of movement and rotation in my right shoulder. I was also having problems with acid reflux. I have been dealing with the acid reflux for about 2 months. The shoulder pain and upper back has been about 2 years.

I had gone to my primary car physician who prescribed Aciphex for the acid reflux but the medication didn't always work. I was in constant pain and had limited movement in my neck, upper back, shoulder, and wrist. That's when I decided to seek other help. So I decided to setup a consultation with Dr. John.

I have had great results with my care which has led to a reduction in acid reflux and aches. I gradually improved with the remaining adjustments. I am now able to do pull ups!!

I would recommend chiropractic care and the use of natural herbs and vitamins to my friends and family. I will definitely continue my monthly adjustments for my overall well being.

Sincerely

Billi-Jean King