

Finally, my migraines, neck and back pain....GONE

I had been suffering from chronic back and neck pain for over **10** years. I was experiencing severe migraines from the neck pain. I was prescribed medication for the issue but I did not want to take the medicine for a long period.

On my initial visit, I had no doubts that chiropractic could help me. I found Dr. John and his staff to have a great bedside manner, seemed very knowledgeable, and just all around made me feel better. I have had good results with my long-term care. I am now able to move around and be comfortable.

My father is also a chiropractic patient after he had fallen. Chiropractic care has helped heal his pain that he sustained from his fall.

I would suggest anyone who is sick, suffering, or in any kind of pain to go visit a chiropractor. Medication is not a solution.

Now that I have experienced chiropractic care, I feel GREAT! I love that I can feel better and know that I do not have to live in pain or take medication for a long term.

Sincerely,

A handwritten signature in black ink that reads "M. Pena". The letters are cursive and somewhat stylized.

Martina Pena
Patient