## "Chiropractic is not Only for Backs"

Before coming to Dr. John, I could not move my arm at all without having pain. My entire right shoulder was almost immobile.

I have had surgery and therapy both on my shoulder and still was in quite a bit of pain. I was also placed on medications for my shoulder which were supposed to help with the pain. A good friend referred me to Dr. John and I have been coming ever since.

At first, I had doubts because I did not know a chiropractor could help my situation. I thought chiropractors worked only on backs and would not be able to help with my shoulder. Turns out, I was very wrong!

The staff at Isdale Chiropractic is very friendly and makes me feel comfortable. Dr. John explained everything he did and the reason as to why he was doing these things and I then understood perfectly and it made sense for the first time. I can now use my arm without any pain at all!

I always recommend a chiropractor now when I hear of someone in any type of pain. I very much believe in the healing of Dr. John and his staff.

Sincerely, Delia Homales Delia Gonzales