


“I can actually do my housework all in the same day”

I suffered 10 years with headaches, 2 years with low back pain, and 1 year with left leg pain. I had been told that I had a compressed disc causing my low back pain. I was also enduring neck pain, tension, loss of balance and dizziness, fatigue, loss of memory, and numbness in my left leg. For the past year my pain was constant. I tried physical therapy, traction and a tens unit-none of which relieved the pain. I was also using medication.

I had experience with chiropractic in the past so I decided to go to Dr. John Stockton and see how he could help. I had no doubts that chiropractic would help. Dr. John and his staff were very friendly and concerned.

I'm on my third series of treatments and have noticed great results. I have little pain and my posture has improved. My headaches rarely occur anymore. I have more energy and stamina and can actually do my housework all in the same day instead of a week! I have also quit my medications! I have family members who are chiropractic patients that suffered with back issues, leg issues, headaches and joint pain. Chiropractic has alleviated their pain and corrected the problems that caused their pain. I would recommend to anyone who is sick, suffering or in pain to at least give chiropractic treatments an honest chance. Personally, I'd do it again and plan on continuing a maintenance plan so I don't get out of alignment again.



Lacynda Kelley
Patient