

**My exercises were becoming more difficult to enjoy.**

*Approximately a month ago, I suffered from pain in my lower back, thighs, knees and tingling sensations down my legs. I have been a daily walker for many years, but my exercise was becoming more difficult to enjoy.*

*After praying about what course the Lord wanted me to take, concerning my healing, I was lead to Isdale Chiropractic of Cove.*

*After talking to Dr. John Stockton I was confident that this was where I was to receive treatment and after 12 adjustments and therapy's I am many days pain free. Some days I have a little pain that doesn't last very long.*

*I thank God for using Dr. John and his staff for the godly wisdom and professionalism in ministering to the needy. All of the advice given at this clinic is necessary and beneficial.*

*Thank you for an opportunity to share  
E. Hardeman*

*Eric Hardeman*