

“I stopped taking my allergy medication.”

I came to Isdale Chiropractic because I have degenerative disc disease, arthritis of the neck, migraine headaches and allergy sinusitis. I was also experiencing stiffness and pain of the lower back and mid back, shooting pains up and down my legs. I had experienced this pain and stiffness for approximately 4 years, but it had worsened in severity and frequency the last twelve months prior to treatment.

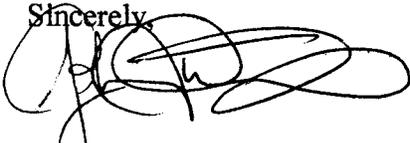
I had been placed in physical therapy by the military at a VA hospital and after separation from the active duty I continued care with little to no improvement. I was fed up with not getting any results so I figured Chiropractic treatment might help. I knew that chiropractic care could and would help; I just did not think it would provide the relief and improvement that I have experienced.

I was amazed to say the least with Dr John. He explained to me that if he felt chiropractic could not help me with my symptoms, then he would refer me to some other type of treatment.

Within the first six to nine months of treatment the frequency of migraine headaches had decreased, my pain in the legs and back had also greatly decreased and I had stopped taking my allergy medication. I can now sleep through the night without the aid of my medication.

My wife is also seeing Dr John and I have noticed that since she started her treatments, she has more energy when she wakes up as well as through the day. My wife and I would definitely recommend chiropractic treatment to others who are sick, suffering or in pain. I always tell others about Dr John and his practice, I have a positive outlook and I like to tell others how it has helped my wife and me.

Sincerely,



Johnny Dixon
Patient