

## **“I can walk 2-3 miles a day!”**

I started treatment at Dr. Stockton's office due to pain in my left knee which interfered with my daily activities such as walking. The pain was severe and radiated throughout my leg. I lived with this pain for approximately two weeks before seeking his care. I would use ice packs, knee supports, Ben-Gay and Advil every 4 hours but nothing seemed to help. I came to Dr. Stockton because I had previous chiropractic care for whiplash and found the treatment positive and beneficial.

At first I was skeptical about the care until my first week of daily treatments. Dr. John is a very knowledgeable person and shares his information with his patients. His staff is friendly and extremely helpful therefore making my experience positive.

I had daily treatments for one week and then progressed to twice a week and then finally only once a week. The intense knee pain receded and disappeared by the end of the first week, I can now walk on the treadmill for 2-3 miles a day!

I would recommend chiropractic treatment to anyone who is sick, suffering or in pain. Actually I have recommended Dr. John to a fellow co-worker who is now under his treatment. And I will continue chiropractic care, since it leaves me feeling pain free.

Sincerely,

Marsha Fleming  
Patient