

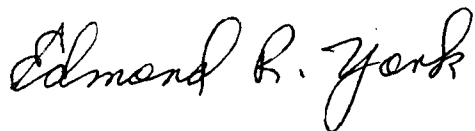
## “I can take a pain-free walk”

For over 50 years I have suffered from pain in my lower back to upper neck. At times, there was no pain, and other times a great deal of pain. I was on many medications, but to no avail. I had been seeing doctors for over 25 years in the Army to help with the pain, but it was not making a great difference. Whenever I could, I saw the chiropractor for about the past 50 years.

I first decided to try chiropractic because of the results I saw in others. I didn't really have any doubts. I had a good first impression of Dr. John and his staff, and I grew to like them more with each visit. I have been a patient at Isdale Chiropractic for three years and I can finally take a walk, with no pain. I have been able to stop taking my medications, and I am continuing monthly adjustments. My wife and son also come to Isdale Chiropractic for treatment.

To anyone who is suffering, I recommend they at least give chiropractic a try. I truly believe that it is the way to go for the right problems.

Sincerely,

A handwritten signature in cursive script that reads "Edmond R. York". The signature is written in black ink and is positioned below the word "Sincerely,".

Edmond York  
Patient