

## **“I can do laundry”**

I was in an automobile accident which caused neck, back, leg, and hip pain; along with immobility. The pain lasted several months, through doctor consultations, evaluations, and failed attempts at physical therapy. I was put on medications for the pain, but to no avail.

My physical therapists recommend chiropractic to me. When I came to Isdale the staff was very welcoming, caring, comforting, and reassuring that treatment would improve and heal my injuries. I had no doubts. Now, I have improved mobility, overall well being, and minimized overall pain. I can sit, walk, stand and sleep with little or no pain. I can even do laundry. I have been able to stop taking my medications.

I would recommend that anyone who is in pain seek a consultation and start treatments as soon as possible. I feel that chiropractic is an excellent treatment, and I have enjoyed its benefits.

Sincerely,

Louis Lynskey  
Patient