

“ For the first time in 20 years...”

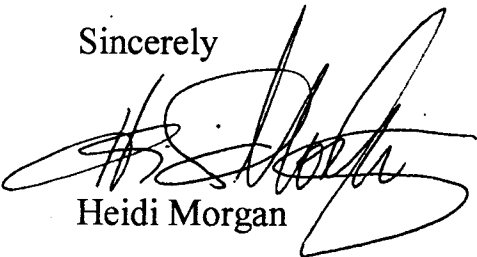
I had severe pain in my shoulder, neck and arm. The pain went across the right shoulder and right side of my neck and down through the right arm. I was also experiencing severe headaches along with the other pain. This was a constant pain for about 2 weeks prior to coming to see Dr. John.

I had gone to my primary care physician who prescribed pain pills and heat wraps. It did not work. The pain was still there and I was at my wits end! I couldn't sleep or function at work. If I took the pills it would knock me out for a couple of hours while still having no real relief. I thought it would just get better on its own but I was wrong. That's when I decided to seek other help. My husband had tried chiropractic care before so I thought I would give chiropractic a try. That's when I contacted Dr. John and staff at Isdale Chiropractic of Cove. The staff was very kind, professional and so very helpful. Dr. John is very patient, kind and knowledgeable.

I am now pain free! It took about one month of adjustments and being dedicated to my care to be pain free. For the first time in 20 years I don't have huge knots in my shoulders and I can sleep on my right side with my arm cradled under my head. I feel much more limber.

When I come across anyone who is sick , suffering or in pain I will definitely recommend them to immediately consult with Dr. John and to follow the treatment program. I look forward to my adjustments and I feel so much better. I actually feel younger because of better mobility.

Sincerely

A handwritten signature in black ink, appearing to read "Heidi Morgan", written in a cursive style. The signature is positioned above the printed name "Heidi Morgan".

Heidi Morgan