

## **“All without pain”**

For a whole year I suffered with low back pain and pain by my shoulder blades. I also had neck pain for the last month of that year. Besides this I had to deal with headaches, stiffness, sleeping problems and irritability. On a scale of 1 to 10 my pain was a 10 the entire year. I did not want to use medication.

My wife, April, encouraged me to try chiropractic. I didn't really have any doubts that chiropractic could help me. At first, I just didn't really understand what chiropractors do until I met Dr. John. Dr. John and his staff gave me the best service and respect I have ever gotten anywhere.

After committing to chiropractic care I am at a level of 0 pain in all areas! It only took **one year**, I'm impressed!!! I have more flexibility, endurance, stamina and most of all without **any pain!!!** My wife is also a patient of Dr. John's. She suffered with back pain and auto accident injuries over a year ago. Chiropractic has helped her greatly! I would recommend chiropractic help to anyone else that is suffering, sick or in pain. Chiropractic is better than seeing a medical doctor. You get treated **without taking any drugs!**



Shawn Shutack  
Patient